



# Keys Regime for Oily and Acne Prone Skin



## Keys Island Rx Foaming Wash

- Use morning and night for deep mild cleaning
- Apply on wet skin, massage with fingers
- Rinse with cool water
- Repeat washing
- Rinse with cool water
- Pat dry and let air dry completely
- More TLC: use Keys Island Rx Liquid soap/shampoo in the shower for bacne

## Keys Omni Skin Elixir Spray

- Use morning and night
- Use anytime as needed to calm redness or inflammation
- Spray entire face and neck with eyes closed until the skin is evenly covered with a thin wet layer
- Follow quickly while skin is still moist with Reflex ProBiome
- More TLC: For acne prone skin, it is best to repeat the application of Omni and avoid Benzyl Peroxide treatments
- For combination skin, Luminos can be layered over Reflex ProBiome on dry areas

## Keys Reflex ProBiome Anti-Aging Fusion

- Use morning and night, as needed
- After spraying skin with Omni Skin Elixir, apply a drop to finger tip and smooth onto fine lines and expression lines
- Apply Reflex ProBiome lightly to dry spots only
- Let Reflex ProBiome absorb into the skin for a few minutes

## Keys Eye Butter

- Use morning and night, to tone around eye tissue and reduce fine lines
- Place small amount on ring finger and let it warm until softly spreadable
- Apply by tapping gently around eye area then let absorb
- More TLC: Use Eye Butter on the lips as a moisturizer and lipstick foundation

## Keys Luminos or Solar Rx

- Massage into skin lightly until lotion disappears
- More TLC: Solar Rx during the day with over 20% zinc oxide helps fight inflammation and redness, while protecting from aging UV rays
- In very dry climates, first apply Reflex ProBiome as needed in a thin even layer. Then follow with Luminos or Solar Rx moisturizer containing sunscreen during the day
- At night, after cleansing, apply a very thin layer of Luminos moisturizer as needed to the skin while still moist

## Makeup?

- Think of Keys Luminos or Keys Solar Rx as a clear cosmetic moisturizing foundation
- For healthy daytime look, apply Solar Rx moisturizer with Sunscreen first, then follow with makeup
- For radiant evening skin, apply Luminos Moisturizer first, then follow with makeup
- Let Reflex ProBiome and Eye Butter absorb into the skin for a few minutes before applying makeup
- If using mineral or silica based makeup follow with a spray of AguaVit Toner Hydrator or Omni Skin Elixir to set the makeup
- Try to avoid makeup coming in contact with bare skin

## Keys Regime Process Flow

A brief overview to understand how KEYS products can be used for a glowing complexion naturally